Mony Mony



Count: 0 Wall: 1 Level: Intermediate

Choreographer: Maggie Gallagher (UK)

Music: Mony Mony - The Dean Brothers



Part A is the verse, Part B is the chorus. It will always be danced Verse-Chorus right through.

PART A

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

| 1-2 | Step forward on right, step forward on left |
|-----|---|
| 3-4 | Point right to side, cross step right over left |
| 5-6 | Point left to side, cross step left over right |
| 7-8 | Rock forward on right, recover weight onto left |

1/4 RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

| 1-2&3 | Turn ¼ right stepping right to side, clap hands, clap hands, clap hands |
|-------|--|
| &4&5 | Step left together, step right to side, step left together, step right to side |

6&7-8 Clap hands, clap hands, clap hands, hold

FORWARD-ROCK, TRIPLE ½ TURN, FORWARD-ROCK, TRIPLE ½ TURN

| 1-2 | Rock forward on left, recover weight onto right |
|-----|--|
| 3&4 | Triple step left, right, left making ½ turn left |
| 5-6 | Rock forward on right, recover weight onto left |
| 7&8 | Triple step right, left, right making ½ turn right |

STOMP, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

| 4 000 | 04 1 64 11 | | | |
|-------|---------------------|-------------|-------------|------------|
| 1-2&3 | Stomp left to side, | clap hands, | clap hands, | clap hands |

&4&5 Step right together, step left to side, step right together, step left to side

6&7-8 Clap hands, clap hands, clap hands, hold

WALK, WALK, POINT, CROSS, ETC.

1-24 Repeat the first 24 counts of Part A

LEFT TOGETHER, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH

| 1-2 | Step diagonally forward left, step right together |
|-----|--|
| 3-4 | Step diagonally forward left, touch right together |
| 5-6 | Step diagonally forward right, touch left together |
| 7-8 | Step diagonally forward left, touch right together |

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

| Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs" | | |
|---|---|--|
| 7-8 | Turn ½ right and touch left toe to side, drop heel to take weight | |
| 5-6 | Turn ½ left and touch right toe to side, drop heel to take weight | |
| 3-4 | Turn ½ right and touch left toe to side, drop heel to take weight | |
| 1-2 | louch right toe to side, drop neel to take weight | |

Taylah wigibi tan ta nigla, dunun band ta talun wajabi

PADDLE TURNS (FULL TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

| 1-2 | Step forward on right, pivot 1/4 left |
|-----|---------------------------------------|
| 3-4 | Step forward on right, pivot 1/4 left |
| 5-6 | Step forward on right, pivot 1/4 left |
| 7-8 | Step forward on right, pivot 1/4 left |

PART B

STEP, SHIMMY, TOUCH, CLAP, STEP SHIMMY, TOUCH, CLAP

| | 1-2 | Step diagonally forward right with knees bent, slide left together shimmying shoulders |
|--|-----|--|
|--|-----|--|

3-4 Touch left together straightening knees, clap

5-6 Step diagonally forward left with knees bent, slide right together shimmying shoulders

7-8 Touch right together straightening knees, clap

BACK STRUT, BACK, STRUT, BACK STRUT, BACK STRUT

| 1-2 | Touch right toe back, drop heel to take weight |
|-----|--|
| 3-4 | Touch left toe back, drop heel to take weight |
| 5-6 | Touch right toe back, drop heel to take weight |
| 7-8 | Touch left toe back, drop heel to take weight |

Option note: do "hairbrushes" with finger clicks (like in the 60s) during these toe-struts

KNEE-POP, HOLD, KNEE-POP, HOLD, KNEE LEFT, RIGHT, LEFT, RIGHT

| 1-2 | Pop your left knee in, hold |
|-----|------------------------------|
| 3-4 | Pop your right knee in, hold |

5-6 Pop your left knee in, pop your right knee in 7-8 Pop your left knee in, pop your right knee in

ROLLING VINE RIGHT, ROLLING VINE LEFT

1-4 Step right, left, right, touch left and clap; making a whole turn right (traveling right)
5-8 Step left, right, left, touch right and clap; making a whole turn left (traveling left)

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

| 1-Z TOUCH HUHL LOE LO SIGE, GIOD HEEL LO LAKE WEIGH | 1-2 | Touch right toe to side, drop heel to take we | iaht |
|---|-----|---|------|
|---|-----|---|------|

Turn ½ right and touch left toe to side, drop heel to take weight

Turn ½ left and touch right toe to side, drop heel to take weight

Turn ½ right and touch left toe to side, drop heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs"

PADDLE TURNS (ONE AND A HALF TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

| 1-2 | Step forward on right, pivot 1/4 left |
|-----|---------------------------------------|
| 3-4 | Step forward on right, pivot 1/4 left |
| 5-6 | Step forward on right, pivot ½ left |
| 7-8 | Step forward on right, pivot ½ left |

REPEAT