

# TUSH PUSH SHUFFLE

Choreographer:

Description: 40 Count - 4 Wall

Level: Beginner

Suggested Music: I'll Tell Me Ma by Sham Rock

## HEEL, TOE, FORWARD SHUFFLE

1-2 Touch right heel forward, touch right toe back

3&4 Touch right heel forward twice

## ROCK WITH FLICK, RECOVER, BACK SHUFFLE

5-6 Rock forward on left & flick with right foot, rock back on to right

7&8 Step left foot back, close right to left, step back on left (left shuffle backwards)

## JUMP WITH KICK, RECOVER, FORWARD SHUFFLE

Jump back on right while kicking forward with left foot and clapping hands

10 Step left foot in place

11&12 Step right foot forward, close left to left, step on to right (right shuffle)

## 1/2 TURN RIGHT, FORWARD SHUFFLE

13-14 Step forward on left, pivot half a turn to right on balls of feet

15&16 Step left foot forward, close right to left, step on to left (left shuffle)

## 1/2 TURN LEFT, 1/4 TURN LEFT

17-18 Step forward on right, pivot half a turn to left

19-20 Step right to the right side, pivot quarter turn to left

#### **REPEAT**