

# Mrs P.D.

Petra Van de Velde (B)

Type : 32 count, 2 Wall, lilt (ECS)  
Level : Intermediate  
Music : "No One Needs To Know" Shania Twain (BPM 135)  
"Barefootin" Alabama (BPM 150)

## SLIDE BACK, KICK BALL STEP BACK, TRIPPLE TURN, KICK BALL CROSS

1 RF big step back (6:00)  
2 LF drag over heel next to RF  
3 LF kick back  
& LF close on ball of LF  
4 RF step forward (12:00)  
5 LF ½ turn R (6:00)  
& RF ½ turn R (12:00)  
6 LF step in place  
7 RF kick forward (1:30)  
& RF close on ball of RF  
8 LF cross over RF, ¼ turn L

## SHUFFLE BACK with ¼ TURN L, COASTERSTEP, FULL TRIPPLE TURN, ¼ TURN R, CHASSE

1 RF step back (face 9:00)  
& LF step close to RF  
2 RF step back (3:00)  
3 LF step back  
& RF close next to LF  
4 LF step forward  
5 RF ½ turn R, step forward  
(face 3:00)  
& LF ½ turn R, step next to RF (9:00)  
6 RF step forward (face 9:00)  
& ¼ turn R (face 12:00)  
7 LF step to the side (9:00)  
& RF close next to LF  
8 LF step to the side (9:00)

## KICK BALL CROSS, CHASSE, ½ TURN L, CHASSE, ROCK STEP

1 RF kick diagonal forward (1:30)  
& RF close on ball of RF (face 12:00)  
2 LF cross over RF  
3 RF step to the side (3:00)  
& LF step next to RF  
4 RF step to the side (3:00)  
& ½ turn L (face 6:00)  
5 LF step to the side (3:00)  
& RF close next to LF  
6 LF step to the side (3:00)  
7 RF rock in front of LF (10:30)  
8 LF recover (face 6:00)

## TOE TOUCH, KNEE TWISTS with weight changes, KICKS DIAGONAL FORWARD, HITCH

1 RF touch toe to the side while  
turning your right knee out  
2 turn right knee in  
3 turn right knee out  
4 turn right knee in  
5 turn right knee out  
6 turn right knee in  
\* note: during counts 1-6 you transfer your  
weight to the right and back to the left  
7 RF kick diagonal left forward  
(4:30)  
8 RF kick diagonal right forward  
(7:30)  
& RF hitch