



BALLYMORE BOYS

Choreographer: Dynamite Dot

Type: 32 Count - 4 Wall

Level: Intermediate

Suggested Music: The Boy from Ballymore by Shamrock

BACK 1/2 R + FWD 1/2 R / DIP DOWN + UP / R TOE FWD + L TOE SIDE

1-4 Point right toe back, pivot 1/2 turn right, step forward left, pivot 1/2 turn right (weight on left)

5-6 Right foot is slightly forward, bending knees, DIP DOWN + UP (hands on thighs)

7&8 Touch right toe forward, bring right next to left, touch left toe to left side

LEFT + RIGHT SAILOR / LEFT SAILOR 1/4 TURN LEFT, RIGHT SHUFFLE FWD

9&10 Left sailor step

11 & 12 Right sailor step

13&14 Left sailor step making 1/4 turn left

15&16 Shuffle forward on right -left -right

FULL TURN FWD / BUMP LRL / RIGHT SHUFFLE BACK / 1/2 TURN SHUFFLE L

17-18 Full turn forward to right on left and right

19&20 Step left forward bump hips forward, back, forward (LRL)

21&22& Shuffle back on right -Left - right (On Ball of Right Foot make 1/2 turn Left)

23&24 Left shuffle forward on left-right-left

PIVOT 1/2 LEFT / TOE TOUCH R + L / HEELS R+L+R CLAP CLAP

25-26 Step forward on right, pivot 1/2 turn left

27&28 Touch right toe to right side, right next to left, touch left toe to left side

&29&30&31&32 Bring left next to right, Switch heels forward Right - Left- right- CLAP- CLAP

REPEAT