



THE FREEZE

Choreographer: Unknown

Description: 16 Count - 4 Wall

Level: Beginner

Suggested Music: Achy Breaky Heart by Billy Ray Cyrus

GRAPEVINE RIGHT

- 1 Step right to the right
- 2 Cross left behind right
- 3 Step right to the right
- 4 Hop or scoot on right

GRAPEVINE LEFT

- 1 Step left to the left
- 2 Cross right behind left
- 3 Step left to the left
- 4 Hop or scoot on left

STEP BACK RIGHT, LEFT, RIGHT, HOP

- 1 Step back right
- 2 Step back left
- 3 Step back right
- 4 Hop or scoot on right

STEP HOP, STEP, HOP

- 1 Step forward left
- 2 Rock back on right
- 3 Rock forward left
- 4 Lift right & turn $\frac{1}{4}$ left

REPEAT