



STICH IT UP

Choreographer: Robbie McGowan Hickie

Description: 64 Count - 4 Wall

Level: Beginner/Intermediate

Suggested Music: The Dean Brothers: Elvis Medley

EXTENDED VINE RIGHT, HOLD, BACK ROCK

- 1-2 Step right to right side. Cross left behind right.
- 3-4 Step right to right side. Cross left over right.
- 5-6 Step right to right side. Hold.
- 7-8 Rock back on left. Rock forward onto right.

EXTENDED VINE LEFT, HOLD, BACK ROCK

- 9-10 Step left to left side. Cross right behind left.
- 11-12 Step left to left side. Cross right over left.
- 13-14 Step left to left side. Hold.
- 15-16 Rock back on right. Rock forward onto left.

TOE TOUCHES, HEEL HOOK, RIGHT LOCK FORWARD, HOLD

- 17-18 Touch right toe to right side. Touch right beside left.
- 19-20 Touch right heel forward. Hook right heel across left leg.
- 21-22 Step forward right. Lock left behind right.
- 23-24 Step forward right. Hold.

TOE TOUCHES, HEEL HOOK, RIGHT LOCK FORWARD, HOLD

- 25-26 Touch left toe to left side. Touch left beside right.
- 27-28 Touch left heel forward. Hook left heel across right leg.
- 29-30 Step forward left. Lock right behind left.
- 31-32 Step forward left. Hold.

FORWARD ROCK, BACK STEP, HOLD, BACK LOCK, HOLD

- 33-34 Rock forward on right. Rock back onto left.
- 35-36 Step back on right. Hold.
- 37-38 Step back left. Lock right across front of left.
- 39-40 Step back left. Hold.

SWINGS/SWEEPS BACK X 3, KNEE BEND

- 41-42 Swing/Sweep right out from front to back. Step back on right behind left.
- 43-44 Swing/Sweep left out from front to back. Step back on left behind right.
- 45-46 Swing/Sweep right out from front to back. Step back on right behind left.
- 47-48 Bend knees and dip down. Straighten up, taking weight onto right.

FORWARD LOCK STEP, HOLD, ROCK ¼ TURN LEFT, STEP, HOLD

- 49-50 Step forward left. Lock right behind left.
- 51-52 Step forward left. Hold.
- 53-54 Rock to right side on right. Rock onto left making 1/4 turn left.
- 55-56 Step forward right. Hold.

STEP ½ PIVOT RIGHT, STEP, HOLD, RIGHT TOE TOUCHES

- 57-58 Step forward left. Pivot 1/2 turn right.
- 59-60 Step forward left. Hold.
- 61-62 Touch right toe to right side. Touch right beside left.
- 63-64 Touch right toe to right side. Touch right beside left.

REPEAT