



Rumba De-light

Choreographer: Niels B. Poulsen

Suggested Music: Michael Martin Murphy 'Land of enchantment'

LeeAnn Womack 'I may hate myself in the morning'

Otto Brandenburg 'Susanne, Birgitte og Hanne'

or any other good rumba track!

Type: 32 count, 2 wall

Level: Beginner

Intro: Michael Martin Murphy: Start dance 16 counts into song

LeeAnn Womack: start dance 8 counts into music

Otto Brandenburg: start dance 8 counts into music

1 – 8 L rumba box, R rumba box

1 – 2 Step L to L side, hold

3 – 4 step R next to L, step L forward

5 – 6 step R to R side, hold

7 – 8 step L next to R, step back on R

9 – 16 Side L, hold, rock back, side R, hold, rock back

1 – 2 Step L to L side, hold

3 – 4 rock back on R, recover forward to L

5 – 6 step R to R side, hold

7 – 8 rock back on L, recover forward to R

17 – 24 Step forward L, hold, step ½ turn L, step forward R, hold, side L, bring R together

1 – 2 Step forward on L, hold

3 – 4 step forward on R, turn ½ L (weight on L)

5 – 6 step forward R, hold

7 – 8 step L to L side, bring R next to L

25 – 32 L side step, hold, rock back, step forward R, hold, hip sways L, R

1 – 2 Step L to L side, hold

3 – 4 rock back on R, recover forward to L

5 – 6 step forward on R, hold

7 – 8 step L to L side doing a soft L hip sway, repeat to R side (weight ends on R)

Start again and move them hips...