

## BB Polka

Choreographer: Yvonne Dunn & Cheryl Poulter

Suggested Music: Rednex: Old Pop In An Oak'

Type: 32 counts, 2 wall, Lilt (Polka)

Level: Intermediate

Intro:

### 1-8: SIT, SPOT VOLTA TURN, SYNCOPATED WEAVE, SYNCOPATED HEEL JACK

- 1 Feet together bend knees sit on heels
- 2 Feet together recover to standing position
- 3 RF 1/2 turn to the right and step forward (face 6:00)
- & LF 1/4 turn to the right and small step to the left (face 9:00)
- 4 RF 1/4 turn to the right and cross RF over LF (face 12:00), 1/4 turn to the right
- & LF Step to the left (12:00, face 3:00)
- 5 RF Cross behind LF
- & LF Step to the left
- 6 RF Cross in front of LF
- & LF Step to the left
- 7 RF Touch heel diagonally in front (4:30)
- & RF Step slightly back
- 8 LF Cross in front of RF, 1/4 turn to the left (face 12:00)

### 9-16: TOE TAP STEP, SHUFFLE, BRUSH HOP TURN, KICK HEEL SLAP

- 1 RF Tap behind LF
- & LF Hop back
- 2 RF Step back, 1/4 turn to the left
- 3 LF Step to the left
- & RF Step together, 1/4 Turn to the left
- 4 LF Step forward (6:00)
- 5 RF Brush forward
- & LF Hop making 1/2 turn to the left
- 6 RF Step next to LF (6:00, face 12:00)
- 7 LF Kick forward
- 8 LF Step next to RF and flick Right heel slapping it with Right hand

17-24: KICK, POSE, FORWARD LOCK, FULL TURN, SKIPPING ROCK STEP

- 1 RF 1/4 turn to the right and kick forward
- 2 RF Cross in front of Left knee
- 3 RF Step forward (3:00)
- & LF Step together
- 4 RF Step forward, 1/2 turn to the right
- 5 LF Step back, 1/2 turn to the right
- & RF Step forward
- 6 LF Step forward
- 7 RF Rock forward
- & RF Skip back
- 8 LF Recover
- & LF Skip making 1/4 turn to the right (face 6:00)

25-32: GALLOPS, BRUSH HOP CROSS, TOE TAPS

- 1 RF Step to the right (9:00)
- & LF Step together
- 2 RF Step to the right (9:00)
- & LF Step together
- 3 RF Step to the right (9:00)
- & LF Step together
- 4 RF Step to the right (9:00)
- 5 LF Brush forward
- & RF Hop
- 6 LF Cross in front of RF
- 7 RF Tap behind LF
- & LF Hop
- 8 RF Tap behind LF